

Once You Read these Powerful Reasons Why Learning Juggling Skills Can Help Your Students, you will understand why you are not just paying money for a 1-shot program, but (just like purchasing text books) you are investing in an educational program which will pay dividends in the future for your school and its students.

CURRENT BRAIN RESEARCH STUDIES TELL US:

Eye tracking exercises and peripheral vision development helps with reading abilities

One of the reasons students have trouble with reading is because of lack of eye fitness. When students watch TV and computer screens, their eyes lock in constant distant vision and the muscles that control eye movement atrophy. Physical activities that make students track items exercises the eye muscles making the eyes more fit to read. Learning juggling skills is an excellent activity for eye tracking and peripheral vision enhancement.

Cross lateral activities increases blood flow in all parts of the brain making it more alert and energized for learning

The act of juggling uses both arms or in essence, both sides of your body. By criss-crossing the midline of your body with your arms, you are doing a "cross lateral activity" as stated above. Cross lateralization strengthens neural connections.

Lifetime physical activity grows new brain cells

The act of juggling scarves provides a cardio-vascular workout. The exaggerated movement of your arms help build up the heart muscles and the constant motion of bending over to pick up dropped items helps to improve flexibility. Juggling can be done indoors or outside, requires little equipment, and does not need a big field or a team of people to play.

Contact Mike Today!

Reserve a date on his calendar to come to your school

Mike Vondruska

Illinois Juggling Institute, Inc.
827 S. Addison Rd.
Bensenville IL 60106

815-725-9670

815-513-0028 (fax)

iji@learntojuggle.net

Need More Information?

See photos / Resume / Testimonials
Go Here!

www.LearntoJuggle.net

WHAT'S IN IT FOR YOUR STUDENTS:

Enhances their self-confidence from learning a new skill - KIDS CAN SHOW OFF!

As we all know, kids love to show off and then bask in the compliments and attention we give them. In demonstrating their newly learned juggling skills to us, it gives them another positive feedback in their lives. And we could all use more of those.

Teaches patience in completing a new skill in a step-by-step progression

Learning to juggle is an excellent activity in that you really do learn step-by-step. You start with one, then go to two objects, and finally 3. Gravity does not give out free passes. You miss, it hits the floor. Game over? No! They have to pick it up over and over again - persistence is also learned.

Juggling is like a video game. There are always more challenging levels to conquer

New variations and passing items back & forth with a friend are just some of the "next levels" to practice and accomplish.

Juggling could become a life-long Hobby

Not every kid is into organized sports, is interested in playing a musical instrument, or wants to be in a play. And even if they are, not all of them will continue these activities into their adult years. The activity of juggling on the other hand is like riding a bike. Once learned, your body always remembers how to do it. So you can always bring out those tennis balls, grab those nylon scarves, and (in the future) juggle for their kids.

WHAT I WILL PROVIDE FOR YOUR STUDENTS:

I will teach juggling skills to every student at your school.

- Everyone Participates -

In reality, EVERY KID gets "picked." No one sits on the sidelines.

NO CHILD IS LEFT ON THEIR BEHIND!

I provide all the teaching materials to instruct up to 100 students per workshop session - basically by grade levels.

Pre-K through 2nd grade will be taught *pre-juggling skills* which are eye-hand coordination exercises geared to enhance their fine motor skills and to work on their throwing and catching abilities with both hands.

3rd grade and older will begin to learn the challenging step by step progression toward keeping 3 items revolving in the basic juggling pattern.

Your students will be entertained by watching a very cool and humorous juggling routine

As a professional comedy juggling entertainer with over 5000 performances under my belt, I will provide multiple 10 minute demonstration shows, one for each workshop session.

Important Life Lessons are woven into each workshop

Not giving up, the value of making mistakes in the learning process, and of being an encourager to others are the main messages I instill in your students.

**Your investment in my program will reap benefits for years to come!
My Goal is that when I leave - Juggling Stays!**

OK here is the straight talk. Your investment to have me come to your school really is not only about the kids I will be teaching.

It has everything to do with providing an in-service training program for your PE teachers as well as classroom teachers.

Your PE staff will get to see first-hand how to effectively teach juggling skills to younger grade levels as well as to their older students. By inviting me to come and work with your students, you will be providing first hand training for your PE teachers to continue teaching juggling skills and all of its positive benefits long after I am gone. In other words, your one-time investment fee can continue to provide positive results for future classes of students who will be going to the school your child is now attending.

Your classroom teachers can also attend the session with their students to learn how they could set up short physical activity breaks in their classroom using juggling scarves. Many classroom teachers are already doing this in hundreds of schools throughout the US.

When bringing a guest instructor to work with your students, I am sure your will agree, their qualifications and extensive past experience are something to be scrutinized. **Since 1978, I have presented over 22,000 juggling workshop classes** to students in more than 2000 schools and other places of learning throughout North America and have conducted dozens of teacher training workshop seminars at local, regional, and state physical education conferences across the United States and Canada.

Call Mike Vondruska TODAY to reserve a date on his calendar for him to come and work with your students.